



**Swim Tests** are run by aquatic personnel. The Responsible Guider must ensure that they know the testing requirements. OR, proof of completion of Red Cross Aqua Quest 6, Swim Kids 5, Lifesaving Society Swimmer 4 (or equivalent) must be shown to the Responsible Guider to be granted equivalency for the Swim Test.

**Boating Tests** are run by the activity facilitator, aquatic personnel or a registered Member familiar with the type of boating. The Responsible Guider must ensure the testers know the testing requirements.

Please **initial** under the appropriate columns for each participant.

Participant's Name	iMIS #	PART A: Swim Test	PART B: Boating Test for Participants	PART C: Boating Test for Adults
		Has demonstrated the Swim Test Standards: Without a PFD <ul style="list-style-type: none"> <li>▪ Swim 50 meters</li> <li>▪ Tread water for one minute</li> </ul>	Has demonstrated the Boating Test Standards: Wearing a properly fitted PFD <ul style="list-style-type: none"> <li>▪ Swim 25 m</li> <li>▪ Demonstrate the HELP position for one minute</li> <li>▪ Tread water for one minute</li> </ul>	Has demonstrated the Boating Test (for adults). Test Standard: Wearing a properly fitted PFD <ul style="list-style-type: none"> <li>▪ Swim 75 m</li> <li>▪ Demonstrate the HELP position for one minute</li> <li>▪ Tread water for one minute</li> <li>▪ If required by boating procedures in Safe Guide, demonstrate the righting and re-entry of the vessel</li> </ul>
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**Swim Test Standards** (See additional notes in Safe Guide.)

- The test must be performed without touching a dock or the bottom; ideally, the water will be no more than chest deep
- The swimmer can swim on her front or back
- The swimmer needs to be in a horizontal position and continuously moving forward for the swim portion of the test
- The swimmer must tread water immediately after completing the 50 m swim
- When treading water, the swimmers' head must be upright and out of the water

Part D: Verification (for equivalency, please use the Swim and Boating Test Verification for Individuals [WA.2] form)	
<p style="text-align: center;"><b>AQUATIC PERSONNEL (for Swim or Boating Tests)</b></p> <p>Name: _____</p> <p>Qualifications: _____ Expiry date: _____</p> <p>Phone #: (    ) _____ E-mail: _____</p> <p>Signature: _____ Date: _____ Year/Month/Day</p>	<p style="text-align: center;"><b>RESPONSIBLE GUIDER (for Boating Test completion or equivalency)</b></p> <p>Name: _____</p> <p>Signature: _____</p> <p>Date: _____ (Year/Month/Day)</p> <p style="text-align: center;"><i>Responsible Guider sends this form to her iMIS input site for data entry under Training.</i></p>