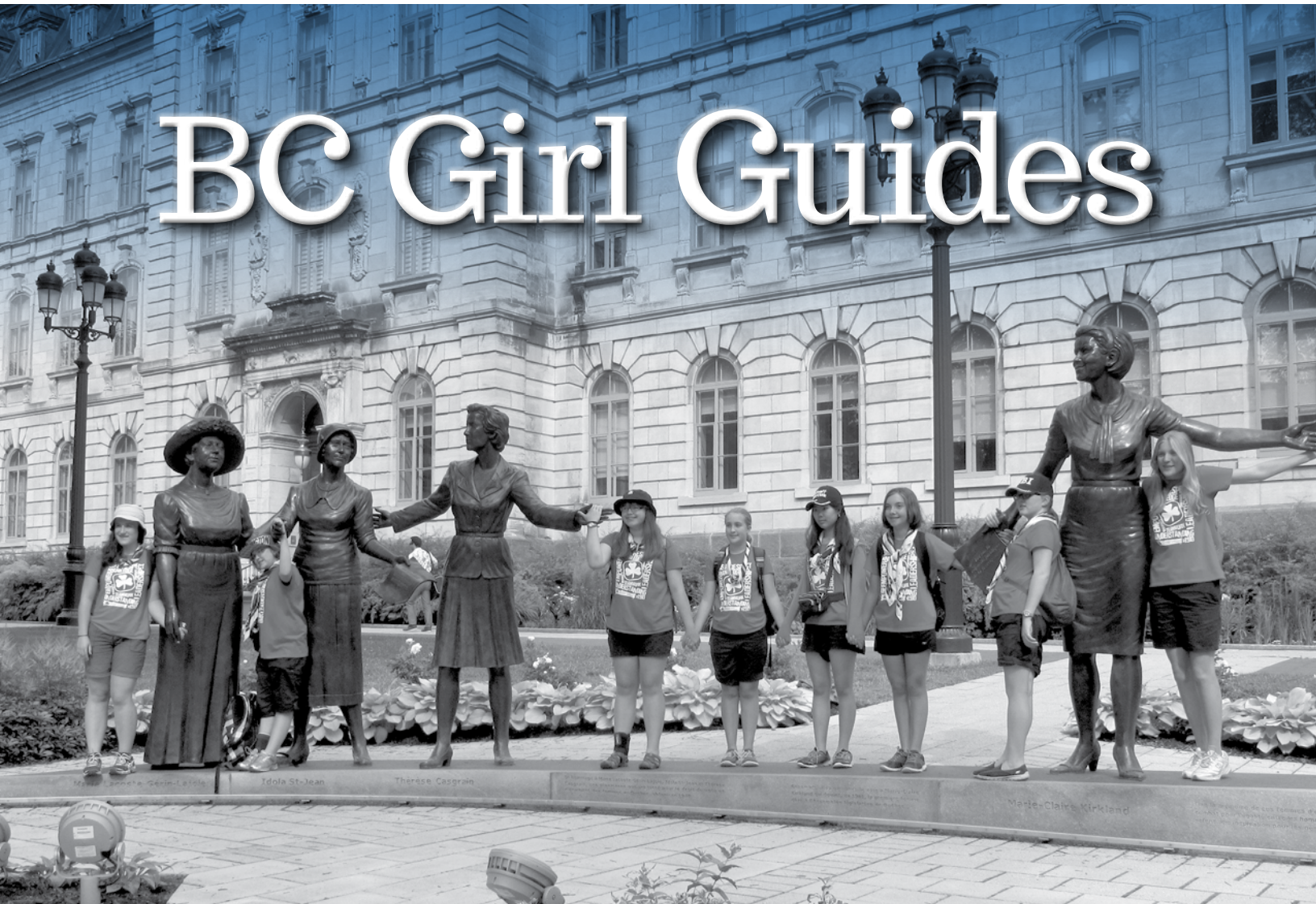


# PIPELINE

[www.bc-girlguides.org](http://www.bc-girlguides.org)







# Editorial

## Editor's Note

How are you celebrating World Thinking Day 2016? Have you incorporated the "Connect" theme set out by the World Association of Girl Guides and Girl Scouts (WAGGGS) into your World Thinking Day activities and events?

This year's theme "invites you to explore and celebrate the meaningful connections that make our lives better, whether to the people closest to us, to a place we care about, or to a Girl Guide or Girl Scout friend on the other side of the world."

One way to connect is to use the activity pack available on the WAGGGS website to complete the World Thinking Day challenge. With activities for Guiding members of all ages, why not try it out? And don't forget to share your stories and photos with other BC Guiding members through *Pipeline*!

Cover photo credits:  
Brenda Fraser (top), Helen Samson (bottom left), Colleen McKenna (bottom right)

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### CANADIAN PUBLICATION AGREEMENT No. 40681574

*Pipeline* is published four times a year.

**Deadlines** for submission of articles:

March 1, July 1, October 1, December 1.

## PIPELINE

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Layout: Phoenix Graphic Design

Printer: MET Fine Printers



*This newsletter is printed on 100% recycled paper.*

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# PC'S PAGE



**by Dawnette Humphrey,  
Provincial Commissioner**

Happy 2016, everyone! I hope the year ahead holds exciting and fun adventures for all Guiding members in British Columbia!

By now you may have heard that change is afoot in our organization once again. In October 2013, the national Board of Directors (BOD) established a Governance Review Task Force (GRTF) to conduct a detailed examination of the Girl Guides of Canada—Guides du Canada governance and operational structures that have been in place since 2005. The board sought input from stakeholders at the national and provincial levels, with the goal outlined in national strategic priority #4: "Effective and efficient organization: We will maximize human and financial resources and increase our responsiveness to change."

Approximately 60 recommendations were developed by the GRTF and presented to the BOD in October 2014. All of the recommendations were approved by the BOD. The majority of these relate to practices within GGC that do not affect the grassroots delivery of program to the girls and young women we serve. Next, an implementation plan was created to facilitate the changes that were approved. This plan

was presented to and approved by the BOD in June 2015.

One of the GRTF recommendations was to develop a common provincial council structure within GGC so that each provincial council has approximately the same number and type of representatives. Provincial commissioners (PCs) were tasked with developing this common provincial council structure. This was not an easy task, since each province currently has a different structure and vastly different Guiding populations; the primary commonalities were that we all have a PC, deputy PC(s) and a treasurer. One of the first points of consensus among PCs was that all provinces would change.

Through many long discussions over several months, the work of the PCs culminated in a meeting in Winnipeg at the end of July 2015, where we developed four models that would ultimately be taken back to each provincial jurisdiction for discussion and feedback. In September 2015, BC Council members were presented with the four models and carefully reviewed them, keeping in mind that the preferred model would have to be workable not only in BC but in all provinces.

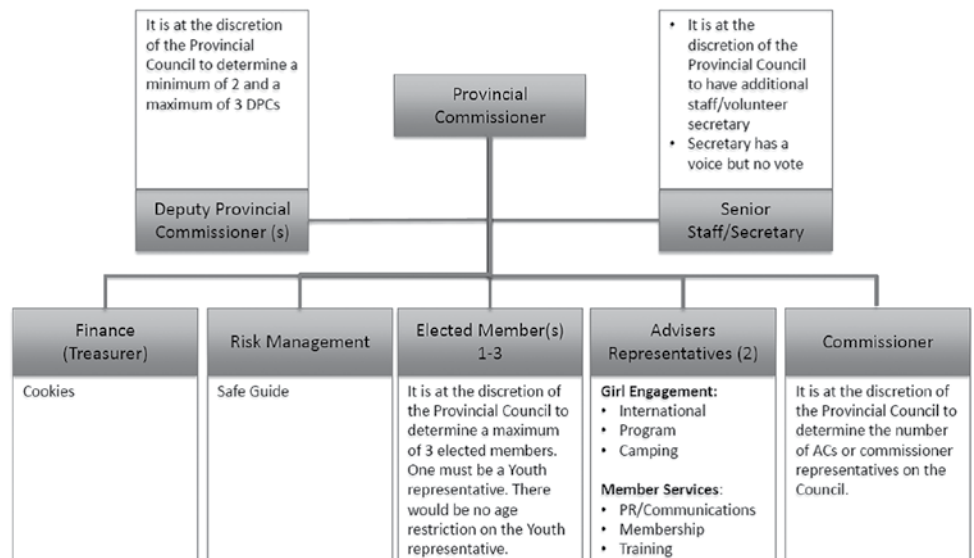
Next, the PCs met once again to present our respective councils' model choices, in order

of preference. Again, after much discussion and sharing, consensus was reached and we are all actively moving forward to put the new model in place across the country by June 2016.

The diagram shown here will help you understand what our new BC Council will look like. Provincial-level advisers do not sit on provincial council but will continue their very important work via a separate operational structure as set up in each province. There are newly created positions on council, including Risk Management, three elected member positions that will have specific duties, as well as two adviser representatives: Girl Engagement and Member Services. Position descriptions are being finalized as I write this message today; the current BC PC Team is working diligently to make the transition to this new way of work and will be actively supporting the PC-elect in these tasks following her election in the coming weeks. This is an exciting time for us as we continue to move forward and flesh out our new provincial council. Watch for application opportunities for new positions soon!

*"Change is the law of life. And those who look only to the past or present are certain to miss the future." John F. Kennedy*

Common Provincial Council Structure





# Upcoming Events 2016

DATE	WHAT	WHO	WHERE	NOTES
April 8–10	<b>Presentation Communication Skills Workshop</b>	Trainer candidates and district commissioners	<i>Vancouver</i>	
May 13–15	<b>BC Trefoil Guild Rendezvous</b>	Trefoil Guild members	<i>Vernon</i>	
May 14	<b>BC Council annual general meeting</b>	Guiders	<i>Vancouver</i>	RSVP to info@bc-girlguides.org by April 29.
May 20–23	<b>Guide Jubilee</b>	Guides	<i>Victoria</i>	Application deadline has passed.
May 27–29	<b>Eastern Regional Trainers' Conference</b>	Trainers (active)	<i>Newfoundland</i>	
May 28–29	<b>GUEST</b>	Guides from Monashee, Thompson Nicola and Kootenay areas	<i>Kelowna</i>	Registration deadline is February 12.
May 29	<b>Rally in the Valley</b>	All Guiding members	<i>Langley, BC</i>	See page 28 for more information.
June 12	<b>Hands Across the Border</b>	All Guiding members	<i>Peace Arch Park, Surrey</i>	See www.peacearchpark.org or www.handsacrosstheborder.info for more information.
June 15–19	<b>National Trefoil Guild Gathering</b>	Trefoil Guild members	<i>St. John's, Newfoundland</i>	Registration deadline has passed.
July 5–19	<b>Guiding Mosaic 2016</b>	Pathfinders and Rangers	<i>Sylvan Lake, Alberta</i>	Registration deadline has passed.
July 21–28	<b>Pathfinder Paddles</b>	Girls born between Sept. 2001 and Aug. 2004	<i>Sunshine Coast/Desolation Sound</i>	Application deadline has passed.
August 4–7	<b>OAL Adventure Module 8: Quadra Canoe Expedition</b>	Guiders	<i>Gulf Islands</i>	Registration deadline is March 1.
August 18–26	<b>Pedal Haida Gwaii</b>	Girls born between Sept. 1997 and Aug. 2001	<i>Haida Gwaii</i>	Application deadline has passed.
Summer	<b>Sangam (nationally sponsored)</b>	Girls aged 15–18	<i>India</i>	Application deadline has passed.
	<b>Flame 2016 (nationally sponsored)</b>	Girls aged 13–14	<i>Foxlease, UK</i>	
	<b>Peru (provincially sponsored)</b>	Girls aged 16–18	<i>Peru</i>	
	<b>Amazing Race BC (provincially sponsored)</b>	Girls aged 14–16	<i>BC</i>	
October 14–16	<b>District Commissioner Workshop</b>	District commissioners	<i>Vancouver</i>	
October (TBA)	<b>Pathfinder Summit</b>	Pathfinders	<i>Vancouver</i>	Applications will be available in May 2016.
November (TBA)	<b>Program Advisers Workshop</b>	Program advisers	<i>Vancouver</i>	
November 4–6	<b>Camping–Training Workshop</b>	Camping and training advisers, QM trainees	<i>Camp McLanlin</i>	More info to come.
November 25–27	<b>PR Network Advisers Workshop</b>	District and area PR and cookie advisers and communications (website, newsletter) people	<i>Vancouver</i>	Event is subject to change.



# It All Started with "I PROMISE..."

## **Girl Guides of Canada - Guides du Canada BC Council Annual General Meeting & Dinner**



**May 14, 2016**

HOLIDAY INN VANCOUVER CENTRE  
711 West Broadway, Vancouver, BC V5Z 3Y2.

Reception - 5:30 p.m.    Dinner - 6:30 p.m.    Ticket Cost - \$35.00

LIMITED SEATING

RSVP to the Provincial Office at the address below no later than  
April 29, 2016

\*Please note: BC Travel Policy does not apply

1476 West 8th Avenue, Vancouver, BC V6H 1E1  
P 604-714-6636    F 604-714-6645  
[info@bc-girlguides.org](mailto:info@bc-girlguides.org)





# Announcing BC's 2015 National Scholarship Recipients

*Tracy L. Clark, BC Awards Adviser*

Girl Guides of Canada's National Scholarship Program supports members as they pursue their educational goals and develop rewarding career paths. Scholarships are open to girl and adult members who are pursuing post-secondary education at a recognized college, university or trades program. Scholarships are available for both full-time and part-time studies.

This year, seven members from BC were awarded Girl Guides of Canada national scholarships. It gives me great pleasure to introduce the recipients to you.

Congratulations on earning the national scholarships. Best of luck as you pursue your educational goals and career paths.

## **Fiona M., Southern Vancouver Island Area**

*Recipient of a CIBC Part-time Scholarship*

"When I started university I volunteered as a leader in a local Brownie group and that was one of the main reasons why I chose a career as a teacher. I love working with kids and giving them extra support. In Guiding we include everyone so it was always my philosophy that the students with special needs be included."



## **Tashina M., Rivers North Area**

*Recipient of a Dare Foods Scholarship*

"Guiding has played such a big part in helping me get to where I am. I was taught to use my voice, be a leader, a humanitarian, be patient, and was also taught how to use my resources wisely."



## **Eliese H., West Coast Area**

*Recipient of a CIBC Full-time Scholarship*

"Because of Girl Guides, I have developed a passion for volunteering in the community and caring for the environment. It has challenged me to use my talents and abilities and to always have a strong mindset in all situations."



## **Heather W., Fraser Skies Area**

*Recipient of a Dare Foods Scholarship*

"There is no other activity that I have been involved in that has given me such an incredible number of skills, activities and experiences as Girl Guides has given me in the past 13 years. Whether it is storm-lashing tents, teaching younger girls to use a buddy burner or make a bed roll, enjoying paddling in the beautiful remote wilderness, or taking action for communities in need, my life is richer for every year I have been in Guiding."



## **Renée M., Fraser Skies Area**

*Recipient of a Dare Foods Scholarship*

"I will be focusing on environmental science, an area which was introduced to me in my early years in Girl Guides. My years in Guiding have allowed me to discover nature and participate in hands-on activities, like tree planting, bog restorations and much more."



## **Alicia L., Pacific Shores Area**

*Recipient of the GGC National Scholarship*

"Guiding, I believe, is when girls and women all over the world come together to learn and have fun and be one big family. We are called sisters for a reason. Guides is one of the only places a girl can be and not be judged for being who she is. I greatly respect that and am proud to be a part of it."



## **Natalie-Anne R., Monashee Area**

*Recipient of the GGC National Scholarship*

"My love of children drew me to open my own business as a piano teacher and I realized that I loved it."





# BC Bursaries, Grants and Scholarships

Application forms and criteria for 2016 are on the BC Girl Guide website



FROG: Frequently Recognize Our Guiders!

The revised application forms and updated criteria for bursaries, grants and scholarships for BC girl and adult members are now available. Guiders, awards advisers and commissioners, please ensure that both girls and adults are aware of the opportunities the provincial bursaries, grants and scholarships offer.

For adults, the application due date is February 15 for the Pat Drugge Adult Bursary, the BC Trefoil Guilds' Education Grant and the Aliza, Chaim and Tova Kornfeld Scholarship.

**NOTE: The criteria for the Aliza, Chaim and Tova Kornfeld Scholarship have been revised to include adult members entering or continuing in a master's/doctorate program in any field at a recognized Canadian university.**

For girls, the application due date is March 15. Be sure to read the instructions and criteria for the BC Council Bursary, the Margery Dumfries Scholarship and the Eve Pound Scholarship. There is just one application to complete and only the Margery Dumfries and Eve Pound Scholarships require grade 11 and 12 (first semester) transcripts.

Please check the BC Girl Guide website ([www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Awards & Recognition > Scholarships*) for current forms and information. Forms dated October 2015 must be used. Should you have any questions, please email [awards@bc-girlguides.org](mailto:awards@bc-girlguides.org).

## Welcome Wagon Supports Girl Guides of Canada-Guides du Canada

**Welcome Wagon and Girl Guides of Canada are working together to welcome newcomers and increase the awareness of Girl Guides in BC communities.**

When a new family moves into your neighbourhood or a future Spark is born, contact Welcome Wagon (by phone or through their website) and let them know. The local Welcome Wagon representative\* will personally visit the family and provide information about the local community and Girl Guides.

**Start a Friendship Today • [www.welcomewagon.ca](http://www.welcomewagon.ca)**



Girl Guides  
of Canada  
Guides  
du Canada

British Columbia Council



\*Welcome Wagon representatives may not be available in all communities in BC.



Girl Guides  
of Canada  
Guides  
du Canada

*Girl Scouts of Western Washington – Whatcom County Girl Scouts present*

# MIX IT UP 2016



## Bring Out the Animal in You



14th Annual Girl Scout & Girl Guide Encampment

September 23–25, 2016

For Girl Scout Juniors and Cadettes, Guides and Pathfinders

**EVENT LOCATION:** Girl Scouts of Western Washington Camp Towhee, 9010 Heady Road, Sumas WA 98266

**COST:** \$28.00 USD per person (girls and adults)—NO REFUNDS

In case of illness, girl or adult may be replaced with an alternate.

**ACTIVITIES:** Have a wild time connecting with your inner animal! Sample animal science, service, local folklore and crafts. Then challenge yourself by preparing dinner with new friends from across the border using a basket of surprise ingredients!

**FEE INCLUDES:** Two nights camping, all activities on site, challenge dinner, Sunday breakfast, tech shirt and patch. This is a tent camping event, appropriate for experienced campers. Patrols must provide their own food and equipment, including tents and cooking gear.

**ARRIVAL AT CAMP:** Friday, September 23, 2016, between 6 p.m. and 9 p.m.

**CLOSING:** Sunday, September 25, 2016, by noon.

**REGISTRATION:** Send registration form and check in US funds (payable to GSWW Whatcom County Events) to:  
Mix It Up 2016 c/o Wendy Crandall  
926 12th Street  
Bellingham WA 98225

**Registration is limited to the first 125 Girl Guides and 125 Girl Scouts and closes May 15, 2016.**

**CONFIRMATION:** We will send you further information and an equipment list upon receipt of your registration and payment. Contact Wendy Crandall at [wendycrandall@gmail.com](mailto:wendycrandall@gmail.com) for more information.

Full registration forms are available on the BC Girl Guide website ([www.bc-girlguides.org](http://www.bc-girlguides.org); select *Camping > Provincial Camping Opportunities*).







# Let's Go On a Journey to Discover the Fifth World Centre!

*Sam Quesnelle, BC International Committee*

Did you know that the World Association of Girl Guides and Girl Scouts (WAGGGS) now officially has five World Centres? In July 2011, during the 34th World Conference in Edinburgh, Scotland, a motion was passed for a two-year pilot project for a potential World Centre in the WAGGGS Africa Region. It was such a success that it was made official at the 35th World Conference in Hong Kong in 2014. In October 2015, the name of this World Centre was announced: Kusafiri! This is a Swahili word meaning "to go on a journey," which reflects the uniqueness of this centre: It is the only one to not have a physical location! Kusafiri is a travelling World Centre, and so far has been hosted by six member organizations: Ghana, South Africa, Rwanda, Kenya, Nigeria and Benin.

Participants have learned about how to be better leaders, developed entrepreneurial skills and taken part in the WAGGGS Stop the Violence campaign (<https://www.waggs.org/en/what-we-do/stop-the-violence/>), as well as Prepared to

Learn, Prepared to Lead (<https://www.waggs.org/en/resources/prepared-learn-prepared-lead/>).

Women from all over Africa and other regions around the world have attended these events, and many are young women under the age of 35.

The participants of the Prepared to Learn, Prepared to Lead events have committed to sharing their learning with approximately 4,000 leaders and trainers, with the aim of ensuring approximately 100,000 girls benefit from the impact of the training. This represents more girls who will benefit in the Africa Region than the total number of members of Girl Guides of Canada!

With World Thinking Day coming up, there are many ways we can incorporate this 5th World Centre into activities. Some ideas to get you started:

- Learn about our sisters in the Africa Region (the newly redesigned WAGGGS website is filled with resources to do this).



- Take part in the WAGGGS Stop the Violence campaign with your unit.
- Learn about strong African female leaders.
- Research similarities and differences for girls your age in an African country.
- Do a service project to help our sisters in other countries, such as creating feminine hygiene kits or pillowcase dresses.

Africa is an incredibly diverse continent, with rich cultures and many similarities to Canada. Kusafiri gives us a great opportunity to explore and break down the stereotypes of this region of the world!

## Updated GGC Brand Standards Now Available

A revised version (updated in late 2015) of the Girl Guides of Canada–Guides du Canada Brand Standards is now available online. This document includes Graphic Standards, Style Guidelines and Event Merchandising Guidelines.

The most significant revisions in the recent update include a change in GGC fonts, guidelines for the usage

of photography of members not in uniform, and the addition of common spelling, capitalization and terminology guidelines. Pages that have changed are flagged at the top with an "UPDATE" box.

The document is available on the Brand Centre in the Asset Library ([http://brandcentre.girlguides.ca/item\\_detail.aspx?item=ALD01&CatID=2007](http://brandcentre.girlguides.ca/item_detail.aspx?item=ALD01&CatID=2007)).



# How I Spent My Summer Vacation or Why Every Guider Should Consider Being a Trip Leader

*Robyn So, Guider, West Coast Area*

*Photos: Brenda Fraser*



“Did you get away this summer for a holiday?” I asked my friend, who is also a Guider.

“I sure did,” she answered with a huge grin. “Another leader and I accompanied a group of girls on a provincially sponsored Guide trip. We celebrated Canada Day in Ottawa and Independence Day in Washington!” What a brilliant idea, I thought. I’d love to do that.

Although that conversation took place ten years ago, my excitement for the idea hadn’t waned when I saw a notice in *Pipeline* promoting Adventure to the Capitals 2015. I decided to make the time to apply, and I was honoured to be one of two leaders selected to go.

Adventure to the Capitals was as much fun and full of discovery for us leaders as it was for the girls. For the other leader, it was her first time exploring Ottawa, Washington, Montreal and Québec City. In the Ottawa hostel, which was the capital city’s jail from 1862 to 1972, she was assigned a jail cell for the four nights! In Washington, I was as moved by the girls’ reactions to

the monuments along the National Mall as I was to the monuments themselves. The Martin Luther King, Jr. Memorial inspired one of our young adventurers to engage in a long, wide-ranging conversation with two National Park Service rangers about freedom and justice. In turn, I was inspired by her thoughtfulness and curiosity, and the two rangers were, too. In Québec, we challenged ourselves to step outside our comfort zones and speak French. That’s not easy when you want to feel confident that you’re boarding the correct bus or leading the group in the right direction! It was wonderfully easy, though, to indulge in drinking chocolate and to try bagels and poutine in different places in our quest to find the best ones.

When I was selected as a trip leader, I expected to visit museums and monuments and shops. I didn’t expect to meet so many kind strangers who were quick to lend a hand or show their enthusiasm for our adventure. In the stairwell at the Ottawa Jail Hostel, we met Pathfinder leaders from Alberta on an independent trip. They had traders and crests for just

such occasions, and we had crests to trade with them. Everywhere, so many past and present Guiders noticed us in our matching uniforms and distinctive international scarves. In planes and airports, on the streets and at museums, they introduced themselves and offered recommendations or assistance. The librarian at the oldest English-language library in Québec was so excited to meet us (I popped in because it’s featured in an Inspector Gamache mystery novel by Canadian writer Louise Penny) that she gave us an impromptu historical tour while she reminisced about her years in Guiding. The girls brought 12 boxes of Girl Guide cookies to give away as gestures of thanks; they could have easily given away twice as many!

In Ottawa, where we organized a bridging event with a Pathfinder group, we leaders bonded over Obama cookies at the Moulin de Provence bakery in Ottawa’s Byward Market. There was so much laughter and sharing of Guiding experiences that the bridging event extended into the evening, and the group came back to the hostel with us for a tour of the former jail.

No question, getting time off work and taking time away from family in the summer is a big commitment. Planning and writing a detailed trip application also takes time. But I thought about Guide camps and other youth camps that my own children participated in each summer. Volunteers had given up their holiday time with families and friends to make it possible for my children to have incredible, sometimes life-changing, adventures. Applying to lead a national or provincial trip was my way to pay it forward.

The girls got to experience their Adventure to the Capitals because Guiders helped make it possible by taking the time to apply as trip leaders. But I feel as if I was the



lucky one. I got to know two Guiders (the alternate Guider played a significant role in the trip planning) and eight wonderful girls. It was the best part of the trip. They were enthusiastic, engaged, interesting and interested. Ten years ago, my friend said the same thing: She felt privileged to spend two weeks on an Adventure to the Capitals with a group of amazing girls.

I encourage every Guider to seek the experience of leading a provincially or nationally sponsored trip. The time and effort to apply is well worth it.

Three tips I learned from the application process:

1. Although the application processes are slightly different—for nationally sponsored trips you submit your online application directly to the national selections group; for provincially sponsored trips you submit a paper application by mail to the BC international committee—both processes use the same STA.1 application form. That means you can start preparing some of your answers ahead of time, such as your

the list up to date. When you sit down to fill out the application, your list will make it easy to fill in that part of the form. Keep a different record of your tenting and outdoor supervisory experience, as this information is sometimes required separately.

2. The application form asks you to self-evaluate your qualities and skills. The selection committee is looking for specific answers about you. Don't tell them; show them. And make every word count, because your answers must be 75 words or less. Here's how I self-evaluated my adaptability: "When our unit camp at a site along the Fraser River had to be cancelled because of heavy rain and wind warnings, I asked the local church if we could camp in the church hall. The Guides pitched tents inside and maintained them as if they were outdoors. They set up shelters in the churchyard where they cooked and washed dishes and practised outdoor camping skills and resourcefulness. It was one of our best camps!"

So, make a note of the qualities and skills listed on the STA.1 form, and start recording

previous experiences supervising youth inside and outside of Guiding. Start gathering that information now. Dig through your records of your past supervisory experiences: who, what, where and when. Then keep

appropriate situations and your actions or responses as they arise. Then, when an opportunity presents itself to apply for a trip, you will already have that information on hand. And if you have more than one example to choose from, use the one most related to the type of trip you are applying to lead.

3. Get your standard first aid and keep it current. All Guiders leading girls on travel events over 72 hours must have standard first aid certification. Many districts organize opportunities for their Guiders to earn their SFA certificate, so ask your district commissioner about this.

Three tips from the international committee:

1. Phone or email your international adviser for advice. She is there to help you with the process, and she wants to share her specialized knowledge about trip applications.

2. Allow at least a month to work on the application. That will allow you time to put it aside for a week. When you see it with fresh eyes and hear it with fresh ears (read it out loud to yourself), you will see which answers need improving. This will also give you time to ask a friend or family member to read it over. That outside reader may have suggestions or insights you won't have thought of.

3. Ask people to be your references who know you well or have worked with you in a variety of situations. And give each of them plenty of notice so they have time to write your reference and send it to the selections committee before the deadline.

## AWARDS

Doreen Keizer, a Guider in Victoria, has been awarded the Governor General's Caring Canadian Award in recognition of her contribution to her community. The Caring Canadian Award, which was established by the former Governor General Roméo LeBlanc, recognizes individuals who volunteer their time to help others and to build a smart and caring nation. Congratulations, Doreen!

## GONE HOME



*Thelma Poirier, Surrey*  
*Heather Robbins, Victoria*  
*Shirley Siteman, Victoria*





# FROG: Frequently Recognize Our Guiders

## BC Awards Committee

All members of Guiding need and deserve thanks and appreciation for their commitment to making a positive difference in the life of every girl and woman who experiences Guiding. The unit Guider enables girls to become confident, resourceful and courageous. Some unit Guiders are new to the organization while others have been members of Guiding for many years. Each deserves our thanks and recognition.

How does the commissioner ensure that each Guider feels valued and appreciated? There are many informal ways to do this: a word of thanks or congratulations, a thank you card or a small gift. Be creative and positive and make it personal!

For the unit Guider who is just getting started, the New Unit Guider Appreciation Pin is given in her first year of service to Guiding. The pin is presented by the unit Guider's parent council (usually the district council). It may be presented during the year or at the end of the Guiding year to show appreciation. No award application is necessary. It is only presented to a member once.



For the unit Guider who provides girls with diverse and exciting programs and opportunities that will help them achieve greatness, ensures there are regular bridging opportunities, always welcomes new members, attends trainings, participates in district meetings and events and upholds the values of Girl Guides, there is a Unit Guider Award. This award is granted by the council concerned (usually the district council) and is given in three categories:

- The Bronze Unit Guider Award may be given to a unit Guider with one to three years of experience.
- The Silver Unit Guider Award may be given to a unit Guider with four to 10 years of experience.
- The Gold Unit Guider Award may be given to a unit Guider with 11 or more years of experience.

Years of experience are cumulative and a unit Guider may receive any or all of the awards during her years working in a unit. These awards require two detailed letters of support which demonstrate the Guider's special qualities, skills and the work she has done in her unit. The letters of support should be written by other Guiders, girls in her unit and/or her commissioner and forwarded to the area awards adviser for consultation. Please allow up to two months for this process.

There are many other awards for which a unit Guider may be eligible. Talk to your district or area awards adviser about the most appropriate award. The BC Awards Committee Quick Reference Guide as well as application forms can be found on the BC Girl Guide website ([www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Awards & Recognition*).

Make sure unit Guiders feel appreciated and valued for the work they do!



## Identify Your Membership Number

Five membership numbers are randomly drawn from the iMIS database for each issue of Pipeline. If your number is listed below, you are eligible to receive a gift from the provincial PR committee. To receive your gift, send an email, identifying your number, to [pipeline@bc-girlguides.org](mailto:pipeline@bc-girlguides.org) by March 15, 2016.

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# INTRODUCING Progression of Camp Skills at Unit Meetings

The following resource will help you incorporate age-appropriate camp skills in your unit meetings. Pull out this eight-page resource and keep it on hand for easy reference.

## SPARKS: Go, Sparks, Go!

*Sparks should experience:*

- Helping with chores**
  - Have the girls set up and tidy up crafts at meetings.
  - Assign various chores to the girls during meetings.
  - Hold a cooking night: Have girls help with hot chocolate and cleanup.
  - Have secret helper jobs.
  - Have girls help with meeting set-up at the start of the meetings (for example, putting out any equipment needed).
- Deciding what to wear on an outing and what to take**
  - Play a game of Bingo using different types of clothing.
  - Play a dress-a-doll game: Bring in all different types of clothes and have the girls dress the dolls for different types of weather.
  - Hold a "fashion" show stressing suitable clothing and footwear for different weather conditions.
  - Create a clothing collage: Divide a piece of paper (or pieces of paper) into sections representing different types of weather, then have girls make collages using images from magazines to show the right clothing for each type of weather.
  - Have a Guider dress incorrectly for the weather and ask girls to correct her.



- Have girls dress to get ready for different activities/ weather conditions. Change the conditions and have them change their gear to match.
- Use a felt board doll and choose

outfits suitable for different activities/weather conditions.

- Attending a sleepover or a residential camp (1 or 2 nights)**
  - Hold a PJ party and have each girl bring a sleeping bag.
  - Bring items needed for staying overnight; have a "getting ready for bed" relay.
  - Put up a tent in your regular meeting space and pretend to "camp" at the meeting.

*Sparks should be introduced to:*

- The environment and how she helps to keep it clean**
  - Help with a beach, river or park cleanup.
- The environment and what grows and lives there**
  - Have girls plant bulbs or seeds. Talk about how various seeds get planted naturally.
  - Grow potatoes from sprouts.
  - Do rubbings, printing or nature crafts.
  - Go bird watching.
- Nature**
  - Participate in a Hug-a-Tree and Survive program (visit <https://www.adventuresmart.ca/kids/hugatree.htm> for information).
  - Go on walks to as many different locations as possible.
  - Hold scavenger hunts (look for items that match the colour of a paint chip; find something fuzzy, small, soft, spiky ...).
  - Take parents on a nature hike. Note what animals, birds and plants were seen.
  - Do the Alien Invaders Challenge (go to [www.bc-girlguides.org](http://www.bc-girlguides.org); select Program > Challenges & Activities > Provincial Challenges).





## BROWNIES: Brownies Can Do It!

Camping is fun and there is so much to do and learn!

*Brownies should experience:*

- ❑ **Helping with chores**
  - ❑ Have snacks, then wash dishes with the three-dish-bin method, teaching about scraping plates, etc.
  - ❑ Make chore charts of the chores they can do at home.
- ❑ **Preparing for an outing or hike**
  - ❑ Introduce the 10 essentials through games such as “What should you take?” (for more information about the 10 essentials, see the end of this resource document).
  - ❑ Play Kim’s Game with the 10 essentials: Display the 10 essentials, then take one away. Have girls guess which item is missing. Repeat until the girls are able to identify all 10 essentials.
  - ❑ Dress appropriately for an outdoor activity such as building an ice castle.
  - ❑ Learn about trail signs and unit meeting or camp boundaries.
- ❑ **Packing their own gear**
  - ❑ Learn about bedrolls by making edible bedrolls or a bedroll craft.
  - ❑ Play the Good Packing Brownie game: Have the girls pack two backpacks—one well packed and one messily packed. Have the girls challenge the Guiders to find things in the backpacks. Who can find the items the fastest?
- ❑ **Attending a weekend residential camp (2 nights)**
  - ❑ Have a sleepover in tents at your regular meeting place (this is great step for nervous campers, as it is a familiar place). (Be sure to check local bylaws to ensure sleepovers are permitted in your regular meeting place.)
  - ❑ Have a sleepover in a Guider’s backyard.
  - ❑ Take your meetings outdoors!
  - ❑ Be bear aware ... don’t scare. Educate the girls on bear safety.

*Brownies should be introduced to:*

- ❑ **Map and compass**
  - ❑ Have a compass treasure hunt.
  - ❑ Play compass games such as Captain’s Coming (for instructions, see <http://guidingjewels.ca/sparks/games/65-game-ship-to-shore-captains-coming>).
  - ❑ Make a simple compass using a needle, magnets, a cork and water (for instructions, see [http://oceanservice.noaa.gov/education/for\\_fun/MakeyourownCompass.pdf](http://oceanservice.noaa.gov/education/for_fun/MakeyourownCompass.pdf)).
  - ❑ Make a map of meeting area and/or community. Take the map outside and see how well it relates to the real world.
  - ❑ Look at different types of maps and learn how to read them.

- ❑ **Setting up a campfire and striking a match**
  - ❑ Make an edible campfire comparing the edible parts to the actual components of a campfire.
  - ❑ Practice lighting matches outside (for example, in the parking lot of your regular meeting space).
  - ❑ Light tea lights using matches (little boxes, not the larger ones).
- ❑ **Basic first aid**
  - ❑ Do first aid on a teddy bear (or other stuffy) using adhesive bandages, slings, etc.
  - ❑ Play a matching game using first aid questions and answers (for example: What would you do if you burned your finger?)
- ❑ **An overnight outdoor camp**
  - ❑ Practice putting up tents at meetings.
- ❑ **Basic environmental conservation**
  - ❑ Hold a scavenger hunt (for example, look for one thing that starts with each letter of the alphabet—but don’t pick anything up).
  - ❑ Make crafts out of recycled objects.
- ❑ **Nature**
  - ❑ Play a sound game, identifying sounds from nature (for example, bird calls, wind in the trees, waterfalls, waves or rain)
  - ❑ Play nature Bingo or go on a nature treasure hunt.
  - ❑ Help with a local nature cleanup.
  - ❑ Build a terrarium out of recycled glass jars.
  - ❑ Do the Alien Invaders Challenge (go to [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Challenges & Activities > Provincial Challenges*).
- ❑ **Knots**
  - ❑ Play knot-tying relays.
  - ❑ Practice tying knots (for example, the reef knot) with string licorice.
  - ❑ Make crafts using different types of knots.
  - ❑ Make friendship bracelets.
  - ❑ Go to a local dock or flagpole and find out what knots are used.







# GUIDES: Guides on the Go!

Prepare, Experience, Respect, Protect  
 Guides should be able to do the skills listed under the Brownie program and should develop the following skills.

*Guides should experience:*

## ❑ Camp skills training

- ❑ Play a game with scenario and character cards: Make up scenarios using skills that they need to know for camp and have character cards for different types of girls. Have the girls act out the scenarios. Card examples:
  - Scenario: Putting up a tent
  - Character card: Very shy but knows what to do
  - Character card: “Chatty Cathy” always has an answer but not the correct one.
- ❑ Have girls organize a mini-training for Brownies. Go over the Progression of Camping Skills to find out what Brownies should learn. Ask the Brownie leader what she would like Guides to show the Brownies.

## ❑ Cooking in a variety of different ways

- ❑ Use different cooking techniques (for example, cooking on a camp stove, on a buddy burner, on a campfire) at a series of meetings.
- ❑ Build no trace fires (broiler pans work well for campfires).
- ❑ Make a fire and cook something over it.

## ❑ Outdoor camping

- ❑ Go geocaching.
- ❑ Play a dressing relay: Have the girls dress one person in the right clothing for a cold weather hike.
- ❑ Have girls put on their rain gear and stand in the shower. Have them test their clothing for water retention and insulating properties: Use pans of water and dip pant legs in; use buckets of ice for your hands to check how well your gloves are insulated.



## ❑ A district, area or provincially sponsored camp

- ❑ Invite your district camping adviser to your meeting. Have her explain what these camps are and how to apply.

*Guides should have knowledge of:*

## ❑ Making and using a fire starter

- ❑ Make fire starters; make as many different types as possible.
- ❑ Test fire starters: How easy are they to light and how long do they burn?

## ❑ Basic first aid

- ❑ Make personal survival kits.
- ❑ Play a first aid Kim’s game.
- ❑ Share real-life stories: What first aid do you think is needed?

## ❑ Camp and fire safety

- ❑ Make a Bingo game with safety rules for camp.

## ❑ Storing food safely

- ❑ Teach food caching, explaining about mice, raccoons and bears.
- ❑ Set up a tent at the meeting place. Have the Guider be “mouse” and sneak into the tent (and rummage through stuff).
- ❑ Hide plastic/stuffy animals in tents to show how easily critters can get in. Use this as a discussion starter about the necessity of food caching.

## ❑ Washing dishes and cleaning their cooking and eating areas

- ❑ Do an unscrapped plate experiment: Take five used plates and do the following:
  - Rinse one plate in water only.
  - Scrape one only (don’t wash).
  - Don’t scrape or wash one plate.
  - Wash one with soapy cold water.
  - Wash one with hot soapy water.
 Leave the plates out for a week. What is growing on them? Bring in a microscope to study them.
- ❑ Do a glitter hands experiment: Shake glitter on each girl’s hands (if possible, use a different colour for each girl) and have them go around touching stuff and shaking hands. This demonstrates how easily germs are passed on.
- ❑ Do a dishwashing experiment: Set up two sets of three wash bins. Have girls in one line scrape their dishes before washing while girls in the other line wash without scraping. This shows the difference in the wash water when you do not scrape.

## ❑ Proper garbage and liquid disposal

- ❑ Learn how to dispose of garbage, recycling, and liquids in established camps and wilderness camps.



## ❑ Local fire rules

- ❑ What are local bylaws regarding campfires? How large can a campfire be? How do we find out about the rules?
- ❑ Visit the fire hall or have someone from the fire department come to the meeting.
- ❑ Have someone from the Ministry of Forests, Lands and Natural Resource Operations come to the meeting to teach good forest campfire practices.
- ❑ Take fire extinguisher training.
- ❑ Learn about the different types of fires (for example, wood fire, grease fire).
- ❑ Learn about the different ways to put out fires (for example, using water or baking soda). Try them out!

## ❑ The local environment

- ❑ Pull invasive species at the local park or around the meeting area.
- ❑ Visit a farm or local dairy.
- ❑ Do the Alien Invaders Challenge (go to [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Challenges & Activities > Provincial Challenges*).



*Guides should be able to do the following with no help:*

## ❑ Waterproof a bedroll

- ❑ Play a Good Camper vs. Bad Camper game: Have girls point out errors that you act out, and have them identify how to fix the problems.
- ❑ Make bedrolls and dunk them into water to test waterproofing.

## ❑ Pack and carry their own gear

- ❑ Send home a kit list and have the girls bring in all the items and learn how to pack them.
- ❑ Play a Good Choice vs. Bad Choice game (for example, choosing travel-size vs. full-size toiletries).
- ❑ Practice carrying gear through an obstacle course (for example, over stumps, under branches, through small hallways or upstairs).

## ❑ Put up a tent

- ❑ Do a team tent-building activity: Divide the girls into teams of four. Blindfold three of the girls. The fourth girl will instruct the others on putting up the tent.

## ❑ Set up and start a campfire

- ❑ Build a campfire at the meeting place using different fire styles. If possible, light one of the fires.



## ❑ Cook on a campfire

- ❑ Cook on a campfire at the meeting (for example, eggs in a bag, bannock on a stick, popcorn or tinfoil dinners).

## ❑ Light a stove and lantern

- ❑ Bring different stoves and lanterns to the meeting area and practice lighting them.
- ❑ Learn the safety rules of using camp stoves and lanterns.



## ❑ Tie a sheet bend, clove hitch, round turn and two half hitches

- ❑ Create knot tying cards with examples.
- ❑ Play knot games (for example, match the knot with its uses).



## ❑ Mark and follow a trail

- ❑ Have second- and third-year girls mark trails for first-year girls to follow, or have one group lay a trail for other groups to follow, then switch.

## ❑ Make a simple camp gadget

- ❑ Make mini gadgets at a meeting using big skewers.
- ❑ Make gadgets using dowels cut to appropriate lengths (which can be reused for many years).

*Guides should be able to do the following with help:*

## ❑ String up a tarp

- ❑ Practice putting up tarps indoors and outside.

## ❑ Prepare an emergency shelter

- ❑ Make mini emergency shelters using plastic tablecloths and string (using a Styrofoam base works well).

## ❑ Plan a menu and do the shopping

- ❑ Plan a menu at a meeting and go shopping for ingredients during meeting hours.
- ❑ Have a meeting to bring in and try new foods.
- ❑ Put pictures of ingredients on paper bags with quantity needed; have girls find them in grocery store.
- ❑ Have a scavenger hunt in the grocery store.

## ❑ Read a compass and navigate an orienteering course

- ❑ Participate in an orienteering course at meeting place.
- ❑ Play compass games.

## ❑ Practice basic first aid

- ❑ Practice first aid on the leaders and/or each other.
- ❑ Bring in someone to do the Emergency First Aid course.

## ❑ Prepare a woodpile

- ❑ Find one piece of each of the necessary sizes of firewood.

## ❑ Plan a hike

- ❑ Plan and take a short hike during a meeting.



# PATHFINDERS: Listen, Learn, Lead, Live!

Prepare and Prevent, Experience and Evaluate, Protect and Conserve, Challenge and Lead

Pathfinders should be able to do the skills listed under the Guide program and should develop the following skills.

*Pathfinders should experience:*

- An adventure camp (winter, kayaking, cycling, backpacking, etc.)**
  - Bring canoe and/or kayak to meetings.
  - Dehydrate food at meetings for camp.
  - Invite a search and rescue team to do a demonstration and show the girls how their gear is used.



- An outdoor camp of five consecutive nights**
- The application process for provincial, interprovincial, national or international events**
  - Invite the camping adviser or international adviser to a meeting and give tips on applying for events.
  - Apply for an event as a unit.
  - As a group, practice filling out individual applications to an event.



*Pathfinders should have knowledge of:*

- Tent repairs**
  - Practice doing tent repairs on mini tents made out of plastic tablecloths.
  - Do any tent repairs needed.
  - Learn correct practices for taking care of the different types of tent materials.

- Different types of tents (dome, ridgpole, etc.)**
  - Bring different types of tents to meetings and practice putting them up.
  - Have girls set up tents while blindfolded. Always have one non-blindfolded girl act as the instructor.
  - Leave out a piece of the tent and see if the girls figure out that a piece is missing.
- How to pitch a tent when the use of pegs is not possible**
- Storm lashing**
- What camping equipment is needed (tent, rope, pegs, stove, lanterns, etc.)**
  - Visit an outdoor gear store and take a tour.
  - Do a scavenger hunt at the outdoor store.
  - Play a clapping game and have each girl list necessary camping equipment.
- National, provincial, local and Girl Guide regulations**
- The local environment (what lives there, what grows there, what shouldn't be there)**
- Emergency preparedness**
  - Make individual emergency kits.
  - Make a list of a number of emergency items. Have the girls come to a consensus on the 10 most needed and explain why.
- How to read the weather**
  - Use the Weather Resource link on BC Girl Guide website ([www.bc-girlguides.org](http://www.bc-girlguides.org); select *Camping > Camping Resources*).
  - Practice studying clouds and predicting weather. Keep a daily weather log of both predictions and actualities.



- Finding directions without a compass**
  - Use a GPS unit, GPS locator on a cellphone or other apps.
  - Learn about topographical maps, how to read maps and relate them to your position.
- Appropriate clothing for different outings**
  - Conduct experiments of what clothing works for different weather (footgear, winter clothing, sleeping bags, backpacks, rain gear, etc.).





- Go to a local outdoor store and learn about what's new.
- Search new gear online or from a "new gear" magazine.

*Pathfinders should be able to:*

**Plan and run a camp, providing leadership**

- Give the girls this Progression of Camp Skills list and ask: "What don't you know about? What do you want to learn more about? What would you like to teach others?"
- Plan a meal using Canada's Food Guide as a reference. Identify what ingredients are needed, make a grocery list, go shopping and make the meal at the next meeting.
- Make a camp binder for the unit with saved camp plans, menus and schedules from other camps the girls have done.
- Have girls create a personal kit list in their own writing.
- Bring in camp gear bins to a meeting. Have girls go through them to see what's there and what's needed or needs replacing.
- Teach the girls about regulations and forms for camp, then have them help fill out the Safe Guide forms.



**Enforce good safety practices**

- Take the Food Safe one-day course.
- Invite a search and rescue team to do a workshop for the unit.
- Learn and practice whistle signals and emergency signs. Make some signs in the snow, sand or tall grass.

**Plan and carry out a program**

- Invite Brownies to your meeting and have the Pathfinders teach them some camping skills.
- Create an orienteering course for other groups to follow.

**Create a budget for a camp**

- Provide girls with sample budgets.
- Have the girls create a budget for a special unit meeting, including at least a snack and a craft.

**Make a more complicated camp gadget**

- Make large gadgets such as slingshots or catapults—see whose goes the farthest!

- Practice making actual camp gadgets such as tripods, tables, shoe racks or sanitation stations.

**Practice minimum impact camping**

- Do the Leave No Trace Amazing Race instant meeting (go to [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Instant Meetings*).
- Go on a hike and cook on a stove or fire.

**Return all camp gear clean, dry and in good condition**

- Have the girls take the tents home to dry.
- Bring gear bins from camp to the next meeting after camp for girls to go through and clean if needed.

**Use, sharpen and care for a knife, hatchet or axe**

- Learn about knife safety.
- Do a knife and axe demonstration at a meeting.
- Whittle at a meeting or make soap carvings.

**Use and care for camping and lightweight camping stoves**

- Prepare a meal using a lightweight stove.
- Bring in different kinds of lightweight stoves. Have girls make a pros and cons list for each type of stove.

**Prepare and use a first aid kit**

- Take first aid courses.
- Have girls practice their first aid skills on each other. Have scenarios for them to act out.
- Make a mini personal first aid kit.



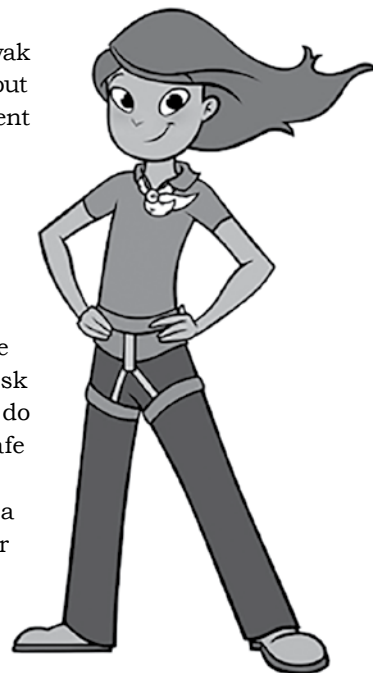


# RANGERS

Rangers should be able to do the skills listed under the Pathfinder program and should develop the following skills.

*Rangers should be able to:*

- ❑ **Plan and run their own camp with minimal input from Guiders**
- ❑ **Plan and run their own event for younger girls with adequate adult supervision for ratio**
- ❑ **Attend camp-related trainings**
  - ❑ Dedicate a meeting to planning an event. Let the girls live with the decisions they made in the planning (giving guidance if needed).
  - ❑ Have Rangers plan a day hike and complete all the forms to go with it.
  - ❑ Go to an outdoor store and explore different types of backpacking equipment.
  - ❑ Bring someone in to do a lightweight gear demonstration.
  - ❑ Bring different types of canoes or kayaks to the meeting.
- ❑ Meet at canoe or kayak retailer to learn about the various different types of boats.
- ❑ Ask a trainer to provide Safe Guide training that is relevant to your type of event.
- ❑ Play Safe Guide Hide and Seek: Ask Rangers, “Where do you find ... in Safe Guide?”
- ❑ Have Rangers plan a camp skills day for younger girls.







## OTHER RESOURCES

### Instant Meetings

These are available on the BC Girl Guide website: [www.bc-girlguides.org](http://www.bc-girlguides.org); select *Program > Instant Meetings*.

### Personal Emergency Gear: The 10 Essentials

Each person should carry their own 10 essentials whenever they are on an adventurous daytrip or multi-day expedition. Having these items will help you be prepared for an unexpected emergency or to spend an unexpected night or more alone in the wilderness.

1. Navigation (map and compass)
2. Signalling device (whistle and mirror or small air horn)
3. Sun protection (sunglasses, sunscreen and lip balm)
4. Illumination (headlamp or flashlight with extra batteries and bulb)
5. Fire-making kit (matches in waterproof container including strike paper from box, fire starter or fuel stick, lighter, candle)
6. Knife (or multi-tool)
7. Nutrition and hydration (extra food gels, energy bars or similar, extra water and a way of treating water)
8. Insulation (extra clothing)
9. Personal first aid kit (including a blister kit)
10. Emergency shelter (orange garbage bag, emergency blanket or similar)

### Principles of Leave No Trace

- Plan ahead and prepare
- Travel and camp on durable surfaces
- Dispose of waste properly
- Leave what you find
- Minimize campfire impacts
- Respect wildlife
- Be considerate of other visitors

For more information on these principles, visit: [www.leavenotrace.ca](http://www.leavenotrace.ca).

*Don't forget that you can ask your district, area or provincial camp advisers for more ideas or help with implementing the Progression of Camp Skills.*







## **Employment Opportunities** for Waterfront Staff for Summer 2016

At Camp Olave near Sechelt, BC

Join us and work at beautiful Camp Olave, with over 1,500 metres of ocean beachfront overlooking the scenic Gulf Islands. This position, running from May through August, will allow you to play an important part in the girls' fun, friendship, adventure and discovery at the camp! Camp Olave has been operating for over 85 years, providing a variety of camping experiences for girls.

You will report to the summer staff supervisor. In this exciting position your main responsibility will be to ensure the safety of participants in all waterfront activities, including swimming, kayaking and canoeing. Additionally, you will support other activities in the camp, such as leading girls through the various nature programs and special events.

**FOR MORE INFORMATION ABOUT THE CAMP, PLEASE VISIT OUR WEBSITE: [WWW.CAMPOLAVE.COM](http://WWW.CAMPOLAVE.COM)**

### **Qualifications:**

- Current NLS Waterfront Award\* and 750 hours recent related experience
- Current Standard First Aid and CPR certification
- CRCA Flatwater Level C, equivalent or recent related canoe and kayak experience
- Female, 19 years of age or over
- Environmental studies an asset

Lifeguard wage is \$22.00 per hour, plus you will enjoy onsite beachfront accommodation provided by the camp.

*\*Candidates with NLS Pool are welcome to apply; the successful applicant will have the NLS Waterfront course fee reimbursed upon successful completion.*

Email your resumé and cover letter by February 28, 2016 to:

Elaine Lake, Camp Olave Management Committee Personnel Co-ordinator at [greatlakes@telus.net](mailto:greatlakes@telus.net).



# CAMP 101 YUKON 2015

*Patrice Schoepfner, BC Camping Committee*

## Camp 101 Yukon July 4–12, 2015

What an amazing and challenging adventure this camp was for five BC girls and two Guiders. The adventure started in Vancouver on July 3 where we all came together at Richmond Guide House for the night to get to know each other before flying to Whitehorse the next morning.

For me, this camp was about challenging myself by taking five girls who we had never met before, with my co-Guider for the trip, Saffina Jinnah, to spend a week with approximately 90 other

Guiding sisters in the Yukon, where we tried our best to sleep in tents when the sun doesn't go down—there is much to be said about sleep masks! My biggest personal challenge was whitewater rafting; the out-trip started at 6:30 a.m. and finished back at camp at 9:30 p.m. Rafting was exciting and scary at the same time—not sure if I would do it again, but I can now say I've done it.

I enjoyed getting to know the girls from BC that were selected to go on this trip.

### **Charlotte from Southern Vancouver Island Area challenged herself with rock climbing:**

"I like to rock climb because it is a challenge and it is hard work. Figuring things out and trusting yourself and the person at the bottom all takes a certain level of skill. The rock climbing at the camp was such a great experience because there was so much support. The girls who were belaying as I was climbing were so encouraging. They kept shouting words of motivation and that really helped in making me believe I could climb to the





top. With this encouragement I could overcome any challenge.”

**Sarah from West Coast Area challenged herself to make new friends:**

“At camp, I learned to put my best foot forward to meet new people. I overheard some girls asking what the different symbols were on the name tags so I went up and introduced myself and explained that the symbols related to food restrictions and activities. The cool thing is that after reaching out to the girls, I became really good friends with this group. I realized that being willing to put myself out there, even if I didn’t know someone, was a good thing and would likely result in something that was positive.”

**Cate from Thompson Nicola Area had some challenge sleeping:**

“Yukon Camp 101 took time to get used to. Sleeping in the daylight meant that almost every night everyone stayed up late if you forgot to check the time. They gave us sleeping masks but mine ended up falling off. I live in Kamloops, BC, so I flew by myself to Vancouver for the first time ever and met the BC Guide leader at the baggage claim area. That was fun. Making friends was interesting because I haven’t been put in that situation before where you don’t know anyone. The activities helped everybody to get to know each other better. Some of the activities that I loved were whitewater

rafting and stand-up paddleboarding. For both of these, it is hard to keep your balance. For whitewater rafting staying in the boat was a challenge. The best part of the camp was getting to know everyone. I loved the camp. I would love to go back to the Yukon someday.”

**Teagan from Lougheed Area also found the Midnight Sun a challenge, along with making stained glass:**

“One of the challenges I faced was trying to sleep when the sun was still up. It’s like trying to sleep with the lights on. Even though the camp gave us sleeping masks the feeling that the sun was up was still there. It never felt like it was time to sleep, and often we would stay up until midnight before sleeping. In the mornings we would have to be up and ready to make breakfast at seven. That was difficult after staying up two hours later than we should have.

“Another challenge I faced was at the stained glass station. In order to create the stained glass we had to melt metal onto pieces of glass to bind them together. The iron was really hot and there were a lot of warnings and rules to stay safe, and I found it kind of intimidating, but after I started melting the metal I realized it wasn’t as scary as I thought it was.”

**Ally from Pacific Shores Area found the trip to be a wonderful adventure:**

“Camp 101 Yukon was definitely an adventure for me, and I am grateful for the chance to have been part of it. I

learned a few new songs and as picky an eater as I am I found some awesome food ideas! I was super excited to find out which campsite and campmates I had plus the opportunity to make new friends across Canada, which I definitely did! I now have a friend in New Brunswick! I also made friends from Ontario, Yukon and Saskatchewan. Not to mention my BC patrol was amazing! We all just kind of clicked, and poof, we were friends. I got to go on so many adventures and hear stories about others’ adventures through the days. Muk Tuk was among my favourites because I got to spend the day with such cute dogs! It totally made up for every pet I couldn’t get due to a family member’s allergies. I also enjoyed the Dance Party and Photo Booth! I swear I’ve never danced for so long to so many songs without it being Highland! Plus the supplied sleeping masks helped with the lighting while I got a surprisingly great amount of sleep! I will never forget the people, experiences, memories, opportunities and fun at Camp 101, especially as they were some of the strangest things I’ve ever witnessed done under the midnight sun!”

Thank you to BC Council for supporting this wonderful adventure and a BIG thanks to Whitehorse Girl Guides for welcoming us into your community for this wonderful and challenging adventure.





# India 2015

*Colleen McKenna, Guider*

On behalf of the girls and Guiders on the BC Girl Guide India 2015 trip, I would like to take this opportunity to share our experiences with the Guiding community and extend a thank you to BC Council for sponsoring our trip to Udaipur, India.

We are a group of seven girl members and two Guiders from around BC who applied for and were chosen to go on a BC-sponsored trip to Udaipur, India, in the summer of 2015. This trip was done in partnership with Me to We/Free the Children. Our trip was 12 days long and included a 12-hour stopover in Hong Kong on our way home. It was an amazing adventure, and the purpose of our trip was to participate in a community project. We were fortunate to be placed on a project where we were helping to build a women's health centre adjacent to the school that Me to We had built on earlier projects.

We all met in Vancouver and then flew as a group to Udaipur, India. Only two members of our group knew each other prior to the trip, so our 30-hour journey was an opportunity to quickly meet and bond before our adventure in India began. We flew to Mumbai via Hong Kong, then we had a long layover and arrived in Udaipur early in the morning. We were met by our Me to We facilitators, Theresa and Claire, who were with us for our entire trip. We had an amazing breakfast in Udaipur before starting our three-hour bus trip north to our Me to We Centre in Bahrind. This is in the Mewar Region of Rajasthan, is the poorest region of India and is mostly rural. Our drive was such an adventure—we saw camels, donkeys, bright colours of saris in the fields and groups of workers cooking over fires at the side of the road.

Our accommodations were at the Me to We Centre called Arraveli, which hosts many volunteer groups all year round. This was our home for our entire stay in Udaipur. The tents were so luxurious, we felt fortunate to have such an amazing place to stay. We had tile floors, mosquito nets on our beds, running water and flush toilets in our "tents." We also had two cultural interpreters, Ricky and Umhara, who were both from Udaipur. Our first day started with yoga, followed with a Hindi lesson prior to driving to our build site. We were building a medical centre (Aghanwadi) for children and women in partnership with community members. This centre is adjacent to the community school. The ceremony was conducted in the school and at the build site. This was our first opportunity to meet the schoolchildren, who took part in the ceremony. Our job was to begin



the following day. It included three tasks:

- Making clay bricks with molds and setting the bricks to air dry.
- Carrying stones of various sizes to build up the foundation walks.
- Making cement and carrying bowls of cement up to the foundation wall.

We had four trips up to the build site, and on our last day, we went back to admire the progress and to say goodbye to the schoolchildren and teacher who had been attending classes and observing us from the sidelines as we worked. We had a chance to play hopscotch and jacks, and we taught the children Stella Stella Ola— changing the numbers to Hindi.

We also had opportunities to tour the community, try Bollywood dancing, enjoy entertainment by local musicians, make batik napkins, make samosas, receive henna designs, be fitted for

saris, participate in daily early-morning yoga and learn so much about health care in India. One of the most amazing cultural experiences was visiting a local woman and learning to make chapatti in her home. She shared with us about her life and how working with Me to We has helped her community. The village gets its water from a spring, as opposed to the pumps dug by the government. Our group went with her on a water walk and carried a clay pot of water back to her home. The path was rocky, uneven, uphill and about a half kilometre. It was humbling to see how much work it was to do this, while the local women would carry larger urns and made the trip seven times a day. It reminded all of us how critical and precious water is as a resource!

Our trip was over far too soon. It is impossible to do justice in describing this

trip in such a short article. The wildlife, the amazing food every meal, the friendly staff and participants from other groups, our AMAZING group of Girl Guides ... words cannot accurately describe this life-changing experience! Our last day included the long drive to Udaipur, a trip to the City Palace, lunch at a local market (where we saw an elephant!) and a quick opportunity to shop before we started our 36-hour trip home!

The partnership with Me to We/Free the Children added an amazing dimension to this adventure. The opportunity to participate in the building project and to experience community life created learning opportunities for all participants that created a deeper level of global awareness. Thanks again for the opportunity to participate in this adventure!





# Erin's Grove

*Daphne Hales, Chair, Phyl Munday Nature House Committee,  
West Vancouver District, Lions Area*



It all began in October 2014, when West Vancouver District, Lions Area, planned its fall nature workshops. The theme, we decided, should be invasive plant species, because Lighthouse Park, our beautiful old-growth forest park in West Vancouver, has a problem with many invaders. We conduct workshops each spring and fall in the park, asking keen university students to do a presentation on our chosen topic. This time, we asked the Parks Department if they would help us out. Tiffany Bentley, newly appointed community liaison, planned a wonderful presentation and an excellent wide game, and each group of

girls pulled ivy with a vengeance.

Imagine our surprise when we learned through Tiffany that Girl Guides had a new Alien Invaders Challenge! It turned out that Tiffany had approached the Invasive Species Council of BC for pamphlets and learned of the cooperation between the provincial program committee and the ISCBC. This was getting better yet—the girls would be well on their way to completing an excellent challenge!

Then tragedy struck, as one of our Brownies, seven-year-old Erin Moore, who loved the park and our workshops, was killed by a landslide in Lions Bay, just before Christmas. We were devastated by the loss of this fun-loving, lively child, and our district determined to do something to celebrate her young life and the lessons

she had taught us—to live in the moment, to strive until you succeed, to wear red shoes and purple shorts in winter.

As we wondered, in January, how to honour her, the notice came from national about tree planting grants from the TD Friends of the Environment Foundation. We decided to apply for the largest possible grant as a district and to plan a restoration project in the park Erin loved. First we would clear away even more ivy, and then restore an unofficial trail to its former beauty by replanting it. We approached the Parks Department and received their blessing for our chosen location. Lighthouse Park is the only remnant of the old-growth Coastal Douglas fir ecosystem remaining in the Lower Mainland, and the Parks Department is keen to restore degraded areas and return them to their natural state.





Members of the Lighthouse Park Preservation Society (LPPS) were enthusiastic supporters of our plan and helped us measure the trail and create a list of trees, shrubs, ferns and herbaceous plants suitable for this shady spot. The parks team offered support as well. And we received a \$2,500 grant from the TD Friends of the Environment Foundation! We also got permission to extend the project to the end of October so that our new plants could take advantage of the fall rains. It is not easy to water new growth in a huge forest! Thank goodness we did ask for that extension, because this summer's drought might have killed everything.

At the end of September, 100 girls (Sparks to Rangers) spent their meeting time in the park, clearing large patches of ivy—36 huge garbage bags full. They went at it

with a will and so much energy!

The Parks Department came through magnificently, ordering the plants and soil for us at wholesale prices and delivering everything to the park. They put up signs and snow fencing to keep the dogs off.

In October we held three planting sessions. Every unit in the district came, moved yards of smelly rich soil, learned how to plant properly and then turned the degraded trail into a green oasis—Erin's Grove. The girls worked hard and cooperated well. Guides worked with each other, Rangers helped the Sparks, and Pathfinders teamed up with Brownies. They raked and shovelled the soil and planted well over 300 items. They tidied up, carried all the tools and plant pots back to the car park, happy and grubby and grinning with the success of it all. We played another invasive species

game and learned what belongs, as well as what doesn't.

Erin's parents helped at two of the plantings, along with her brother Cam. Erin's dad talked to the girls, telling them what he had learned from his daughter's short life and asking them to strive always to do their best, to live in the moment, to enjoy life to the fullest. He and Erin's mother were so touched by this memorial to their daughter and will visit it often. We will also visit, before each workshop, to watch over the plants as they grow, and to remember Erin.

We are so grateful to the TD Friends of the Environment Foundation, the Parks Department and the LPPS volunteers who have given us the chance to create a beautiful space and to remember our sister Brownie in such a meaningful way.





# Peace Is ...

*1st Shawnigan Lake Guides, Pacific Shores Area*

Each year the 1st Shawnigan Lake Guides participate in the local Remembrance Day ceremony. This year we were asked if the girls would like to do a presentation at the ceremony. It was short notice so we only had one meeting to prepare, but the girls very enthusiastically said yes! All 16 girls in the unit helped to brainstorm what peace means to them and, after we had a long list, we organized it into three separate stanzas. Four of the Guides volunteered to read the poem at the Remembrance Day ceremony. They were sent home with a copy of the poem to practice.

On the day of the ceremony we only had a few minutes to rehearse before the ceremony began, but the girls had worked hard by themselves and they were ready to go. The four brave Guides read their poem in front of over 300 people who had come to the ceremony. They did a wonderful job and they showed true confidence and pride in what they were doing. As Guiders, we were so proud of how they had taken on the task themselves and produced such a wonderful poem!

## *Peace*

*By the 1st Shawnigan Lake Guides*

*Peace is quiet  
Peace is not fighting with my brother  
Peace is when there is no war  
Peace is when I'm sleeping  
Peace is not being scared  
Peace is spending time with family  
Peace is hope  
Peace is love*

*Peace means having food and water to share  
Peace means having a family to love  
Peace means helping each other  
Peace means my sister and I getting along  
Peace means not fighting  
Peace means caring*

*Peace begins with helping others  
Peace begins with showing you care  
Peace begins with sharing  
Peace begins with planting flowers  
Peace begins with being a good friend  
Peace begins with wearing a poppy  
Peace begins with me*



*Fraser Skies Area is proud to present*

## **Rally in the Valley 2016**

**REGISTRATION IS NOW OPEN!**

**When:** May 29, 2016, 9:30 a.m. to 3 p.m.  
Opening ceremony is at 11 a.m.  
Closing ceremony starts at 2 p.m.

**Where:** Rugby field, Langley Events Centre  
7888 – 200th Street, Langley, BC

**Cost:** \$5.00 per participant. This includes the cost of the venue and event crest.

Extra leaders and Trefoil Guild members can sign up with a unit or by themselves.

Check your email for registration forms, or find us at [www.fraserskiesgirlguides.com](http://www.fraserskiesgirlguides.com) or [rallyinthevalleyggc@hotmail.com](mailto:rallyinthevalleyggc@hotmail.com).





# AROUND BC



Photo: Sara Thomson



Photo: Jessie Mather

The 1st Golden Girl Guides, Kootenay Area, held a wet, cold and successful cookie drive-through on November 14, 2015.



Photo: Jeff Mather



Photo: Beate Sutter

The 1st Golden Girl Guides, Kootenay Area, participated in the community Christmas parade. The unit's theme was Christmas Cookies. All the cookie costumes were made by Guiders Jessie Mather and Beate Sutter—a successful surprise for all the girls.



Photo: Deb Shaw

Ottergrove District, Fraser Skies Area, Rangers, Pathfinders, Guides and Brownies came together to pack up 76 boxes for Operation Christmas Child. The older girls helped the younger ones choose items to put in that were appropriate for different ages and ensured that each box contained some school supplies, toiletry items and a small gift of a toy or activity.





# A R O U N D B C



Ottergrove District, Fraser Skies Area, participated in the local Remembrance Day Parade in Aldergrove. It was a wonderful showing of Guiding blue; almost all of the girls turned out for the event. The Guiders were so proud of all the girls, who were all quiet and respectful during the entire service! *Photo: Michelle Nicholls*



The 2nd Gibsons Guides, Lions Area, as part of work on the Understand How to Be Responsible program area, met Gibsons Mayor Rowe. Mayor Rowe was kind enough to spend an evening with the girls discussing citizenship—specifically, how and why the town is governed and how the girls can contribute. *Photo: Denise Holliday*



The 2nd Gibsons Guides, Lions Area, enjoyed camping at Camp Olave in the fall. They visited the Enchanted Forest, ate dinner without knives and forks and helped each other through the Blind Trail. *Photos: Debbie English*





The 1st Ucluelet Girl Guides and the **1st South Port Guides, Pacific Shores Area**, came together to experience a Capital City Adventure in October 2015. They stayed at the SVI Guide House in Victoria, visited lots of attractions and earned the Provincial Heritage and Outdoors in the City interest badges. The girls (and Guiders) were enthralled by a private Ghostly Walks tour and Chinatown tour provided by Discover the Past. They also toured the Legislative Assembly and attended Ballet Victoria's *Ballet Rocks*. Photo: Faye Kennington



Guides and Pathfinders from the Boundary Guiding Unit, Kootenay Area, have made 12 toques and 15 scarves out of fleece fabric for the homeless as a part of their community service and sewed felt stuffies for Victim Support. They also created Christmas cards for the community, which were hand delivered with a rendition of *We Wish You a Merry Christmas*. Photo: Sue Fielding



The 1st Peninsula District Guides, Fraser Skies Area, volunteered with the City of Surrey Releaf program to plant native shrubs in Blackie Spit Park. Photos: Helen Samson



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# Happy World Thinking Day! February 22

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